

TAKE-OUT MENU

TRU'S GRILLHOUSE

519-436-0199 Open Thursday -Friday 11:30 -7:30
Saturday 4-7:30

APPETIZERS

Breaded Calamari Served W/ Thai Sauce

Baked Pita Bread Pita Bread Baked With Spinach Cream-Cheese, Red Onions, Peppers, Chicken, Topped W/ a Mozzarella Blend

Entrées

10 oz Steak AAA Steak Seasoned & Served W/ Button Mushrooms Sautéed in a Garlic & Red Wine Butter Sauce. \$25

Chicken Oscar Boneless Chicken Breast Topped W/ a Lobster Cream Sauce, Mushrooms & Grilled Asparagus. \$23

Smoked Mozzarella Ravioli Cooked in a Garlic Parmesan Cream Sauce W/ Bacon, Spinach & Tomatoes \$16

Seafood Fettucine Sautéed Shrimp, Lobster, Roasted Red Peppers & Asparagus Tossed In a Creamy Parmesean Blush Sauce \$18

Atlantic Salmon Served W/ a Mango & Roasted Red Pepper Salsa

Add Starter Salad \$3.00 Caesar \$4.50 Entree's Served With Roasted Potatoes & Vegetables

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SANDWICHES & WRAPS

Gourmet Burger Hommade Burger W/ Fried Onions, BBQ Sauce, Bacon & Cheddar Cheese \$13

Smoked Turkey Sandwich Grilled Hawaiiin Bread W/ Smoked Turkey , Brie Cheese, Tomato, Spinach & Dijon Mayo \$12

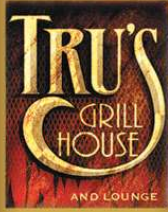
Tru's Wrap Grilled Chicken Breast, Bacon, Tomato, Goat Cheese & Basil Pesto Mayo in a Flour Tortilla \$12

Veggie Sandwich Grilled Eggplant, Spinach, Tomato, Fried Avocado, Mixed Cheese and Basil Pesto Mayo on a Panouzzo Bun \$11

Battered Cod Lightly Battered Cod Served With Lemon & Tartar Sauce \$13

Grillhouse Salad Mixed Greens W/ Tomato, Cucumber, Red Onion, Dried Cranberries, Walnuts and Groilled Chicken Breast \$13

All of the above are served With Fries or Salad. Upgrde to Caesar Salad For \$2.50



Sandwiches

CLUBHOUSE

Sliced chicken breast, cheddar cheese, lettuce, tomato, bacon and mayo served triple decker on your choice of whole wheat or white bread... 15 ½

STEAK SANDWICH

A 6oz Angus striploin steak served on a toasted garlic butter panuozzo bun topped with sautéed mushrooms and mozzarella cheese... 16 ¾

PHILLY MELT

Thinly shaved roast beef, sautéed onion and mushrooms served on garlic toast. Topped with melted cheese and warm au jus... 14 ¾

GOURMET GRILLED CHEESE

Grilled Hawaiian bread with sautéed onions, mushrooms, bacon, brie cheese and garlic aioli... 13 ¾

TRU'S CHICKEN WRAP

Grilled chicken breast, bacon, lettuce, tomato, goat cheese and basil pesto mayo in a flour tortilla... 14 ¾

EGGPLANT SANDWICH **N**

Grilled eggplant, spinach, tomato, fried avocado, mozzarella cheese and basil pesto mayo on a toasted panouzzo bun... 13 ¾

CANADIAN BACON SANDWICH **N**

Grilled chicken, peameal bacon, mozzarella, lettuce, tomato and maple Dijon mayo on a toasted panouzzo bun... 15 ¼

VEGGIE WRAP **N**

Bean Sprouts, spinach, tomatoes, roasted red peppers, cucumbers, hummus and goat cheese in a flour tortilla... 13 ¾

LOBSTER ROLL **N**

Toasted Vienna bread filled with mixed greens, lobster, green onion, celery, cilantro and lime mayo... 16 ¾

MONTREAL SMOKED TURKEY SANDWICH

Grilled Hawaiian bread with smoked turkey, brie cheese, tomato, fresh spinach, and maple Dijon mayo... 15 ¼

*All sandwiches are served with French fries, soup of the day or house salad

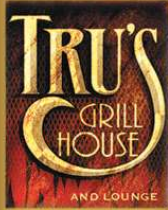
Pasta

FETTUCCINE ALFREDO

Al dente fettuccine tossed in our in house alfredo sauce... 12 ½

BACON AND GOAT CHEESE PENNE

Al dente penne tossed with fresh spinach, bacon and goat cheese in a blush sauce... 14 ¼



Pasta

WHISKEY CHEDDAR PENNE

Penne tossed with chicken, sautéed bacon, broccoli, and tomatoes in a whiskey cheddar cream sauce and baked with mixed cheese...26 ¾

SPANAKI FETTUCCINE

Fettuccine tossed with chicken, spinach and mushrooms in a white wine garlic and parmesan sauce...25

SEAFOOD SPAGHETTI N

Sautéed shrimp, lobster and baby clams tossed in a creamy parmesan vodka blush sauce tossed with spaghetti...28

VEGETARIAN PENNE N

Sautéed broccoli, asparagus, red peppers, and mushrooms in a sun dried tomato pesto and olive oil sauce, tossed with penne pasta, topped with feta cheese...24

SPAGHETTI AND MEATBALLS N

Spaghetti tossed with a basil marinara sauce, sautéed mushrooms, red onions and red peppers, topped with meatballs and parmesan cheese...24 ½

STIR FRY

Sautéed seasonal vegetables tossed with our in house sweet pineapple soy sauce over a bed of rice pilaf...20 ¼

EGGPLANT PARMESAN N

Grilled eggplant layered with sliced tomatoes, fresh baby spinach, and roasted red peppers, topped with a marinara sauce and baked with cheese. Served with spaghetti in a basil pesto butter sauce...25